November is National Native American Heritage Month, which celebrates the history and contributions of Native Americans.

November is National Family Caregivers Month, proclaimed in 2012 by Former President Barack Obama. It honors the more than 40 million caregivers across the country who support aging parents, ill spouses or other loved ones with disabilities who remain at home.

All Saints' Day, L a Christian holiday commemorating all known and unknown Christian saints. (In Eastern Christianity, the day is observed on the first Sunday after Pentecost.)

All Souls' Day, a Christian holiday commemorating all faithful Christians who are now dead. In the Mexican tradition, the holiday is celebrated as Dia de los Muertos (October 31- November 2), which is a

time of remembrance for dead ancestors and a celebration of the continuity of life.

Diwali, the Hindu, Jain and Sikh five-day festival of lights celebrates new beginnings and the triumph of good over evil and lightness over darkness.

-6 (sundown to Sundown) Birth of Báb, a Bahá'í holiday celebrating the birth of the prophet Báb.

-7 (sundown to Sundown) The birth of Bahá'u'lláh, the founder of the Bahá'í religion.

Veterans ▲ Day, a U.S. federal holiday honoring military veterans. The date is also celebrated as Armistice Day, or Remembrance Day, in other parts of the world and commemorates the ending of World War I in 1918.



19 **International Men's Day** emphasizes the

important issues affecting males, including health issues that affect males, improving the relations between genders, highlighting the importance of male role models and promoting gender equality. This holiday is celebrated in over

70 countries.

↑ Transgender Day of Remembrance, established in 1998 to memorialize those who have been killed as a result of transphobia and to raise awareness of the continued violence endured by the transgender community.

AMERICAN HERITAGE

MONTH

Feast of Christ L the King, a Catholic holiday established in thanking God for the gift of time and a rededication to the Christian faith.

Thanksgiving in the United States. It began as a day of giving thanks for the blessing of the harvest and of the preceding year.

26 Native American Heritage Day, held annually the Friday after Thanksgiving, encourages

Maccabees, or Israelites, over the Greek-Syrian ruler, Antiochus, approximately 2,200 years ago.

28 -January 6 Nativity Fast, a period of abstinence and penance practiced by the Eastern Orthodox, Oriental Orthodox and Eastern Catholic churches in preparation for the Nativity of Jesus.

O -December 24 **Advent**, a Christian season of celebration leading up to the birth of Christ.

30 St. Andrew's Day, the feast day for O -December 6 St. Andrew within various **LO** Hanukkah, a Jewish Christian denominations.

Americans of all backgrounds to observe and honor Native Americans through appropriate ceremonies and activities. The day was signed into law by George W. Bush in 2008.



